



2025

ENROLMENT INFORMATION FOR ADULT DANCERS

P.O. Box 589, Roseville NSW 2069

Tel: 1300 855 455

www.dance1.com.au

DICTIONARY OF DANCE STYLES

JAZZ

An energetic, up beat & bouncy dance style - Jazz is HEAPS of fun! Classes are structured to incorporate limbering, strength work, choreography & skill building. This class moves at a comfortable pace for all dancers and all moves can be modified to challenge those more experienced dancers or simplified for those starting from scratch.

TAP DANCING

A lively & rhythmic class where dancers move more than just their bodies, but transform their feet into musical instruments. Adults learn the foundational steps, explore footwork patterns and develop precision & timing. Dancers explore a variety of Tap dance genres including, Broadway, Classical & Funk to keep us up to date.



OPTIONAL: CONCERT PARTICIPATION

While not the main focus of our Adult classes, who doesn't LOVE performing on stage?! The lights, atmosphere & sequins are certainly a goal for us to achieve together.

When considering concert participation, we ask that all Adults respect the participation choice of all - whether their goal in class is to master a 'Shirley Temple' OR build their confidence to perform on stage with their class.

In 2025 there will once again be an opportunity for Adults to perform in our End of Year shows. Regular classes will **NOT** be affected by concert participation & those wishing to participate ONLY in weekly classes will still be able to leap & shuffle each week. Participation in the DANCE1 End of Year shows is considered an 'optional extra' and therefore costume costs and the Adult Concert Participation fees are not included in the DANCE1 Adult Term fees.

For those wishing to participate in the 2025 DANCE1 End of Year Concert, attendance at classes & regular practice will be expected. If wishing to participate, more information is available through the DANCE1 Office.

PAYMENT OPTIONS

At DANCE1 we offer payment & class options to cater to everyone's needs. For every option, a standard Enrolment Form noting your chosen class(es) must be submitted to guarantee you a spot.

BY TERM ENROLMENT

Our 'By Term' option is how most of our dancers prefer to enrol. This means classes are paid for upfront & your place is secured for the ENTIRE Term!

All 'Adult' classes are 1 hour and charged at \$25 per class (*when paying for the Term in advance*)

If choosing the 'By Term' option for your enrolment, please indicate this on your 2025 Enrolment Form & an invoice will be sent upon receipt of your form. At the end of each Term, new invoices will be issued based on your Enrolment Form. If you do not wish to continue your Enrolment for the following Term or would like to make changes to your payment choice, please contact the office at the end of your last class.

If formal notification is not given, class charges will still accumulate for as long as the class spot is held.

By Term' fees are based on the number of classes per term, meaning that each Term, Adult classes will be charged separately at:

* TERM 3 (9 weeks on Wednesdays)	\$225
(10 weeks on Fridays)	\$250
* TERM 4 (7 weeks)	\$175

PLEASE NOTE: By Term fees are a set payment. Fees will be pro-rated for dancers who commence during Term 3, however pro-rated fees cannot be applied for regular class absences. We ask you to consider your weekly attendance for each Term and adjust your payment option to reflect this.

CASUAL CLASSES

Our casual class option is suitable for those looking for a more week-to-week class schedule, at \$35 per class. Classes must be pre-booked using the Booking Form sent to you upon enrolling. Please keep this link in a safe place to book in for each class you wish to attend. Classes must be booked no less than 24 hours before the scheduled class start time to ensure a place is available. Any class booked and subsequently missed will still incur the \$35 charge.

HOW TO ENROL?

To enrol for DANCE1 Adult classes, refer to the 2025 Timetable attached below. Select the classes that interest you and complete the Enrolment Form attached here:

[DANCE1 2025 Timetable \(Adults\)](#)

[DANCE1 2025 Enrolment Form \(Adults\)](#)

We've gone paperless in 2025 which means that you have the convenience of completing your Enrolment Form from any device, saving you time and the extra paper work involved! Not to worry though, you will still receive a copy of your Enrolment Form for your records once your Enrolment has been submitted. Simply download the attached PDF upon completion. If you wish to fill in a soft copy form, please email the DANCE1 Office.

WHAT HAPPENS ONCE I ENROL?

- Once a completed 2025 Enrolment Form has been received by the DANCE1 Office, this will be processed, confirmed and an Invoice will be emailed to the nominated address on your Enrolment Form.
- Adults enrolling for 2025 have the option to pay:
 - *direct deposit into the DANCE1 account*
 - *The DANCE1 bank account details will appear on your 2025 invoice*

OR

- *using a bank card via Stripe*
 - *When choosing this option, please be aware that*

All payments made by card, including credit cards, debit cards or prepaid incur an additional 1.8% fee. This will appear on your invoice as a 'Service Fee' from our provider, Stripe. Direct Deposit into the DANCE1 Bank Account is still an option which does not incur additional fees.

- The 2025 'DANCE1 Information Handbook' which contains all the relevant information for the dance year ahead will then be emailed to all enrolled Adults.

PLEASE NOTE: For safety reasons, a completed Enrolment Form or Trial Class Form MUST be submitted before your first class.

BAND APP



Practice your routines anytime, anywhere with BAND!

In 2025, DANCE1 will again be offering our Adults the option to subscribe to BAND, an online platform and app which enables choreography videos & music to be easily shared with our dancers.

Our Adults thoroughly enjoy having access to their lessons at home, and can refer to these videos immediately for clarification. Choreography videos are extremely detailed and allow dancers to practice and perfect the moves learnt in class that week.

With consistent practice, dancers

- build muscle memory,
- improve technique, and
- gain confidence in their abilities.

BAND will particularly come in handy for those Adults participating in the 2025 end of year concert (more details about concert participation can be found on page 2, as well as via the DANCE1 Office).

BAND involves a small annual fee of \$30 per family & covers the whole family, regardless of the number of dancers you have and the number of classes they do. If you would like to have access to this beneficial platform for the 2025 dance year, then make sure to check this option on the 2025 Enrolment Form linked in this booklet.

PLEASE NOTE:

The filming of classes and choreography by Adults is strictly prohibited. This protects individuals and teachers who may not consent to having their image recorded, as well as the intellectual property of the teacher.

We ask that all Adults respect this request and use BAND as a form of practice where the teacher uploads any class footage appropriate.

STUDIO LOCATIONS & PARKING

LUC LOCATION (LINDFIELD UNITING CHURCH)

Address: 454 Pacific Highway, Lindfield, 2070

Facilities: Classes are held in the LUC Studio and also the LUC Hall.

- **LUC STUDIO** is located back from the Pacific Highway with the entrance obvious from Provincial Road (within the Hangeul Library building).
- **LUC HALL** is located within the main church complex.

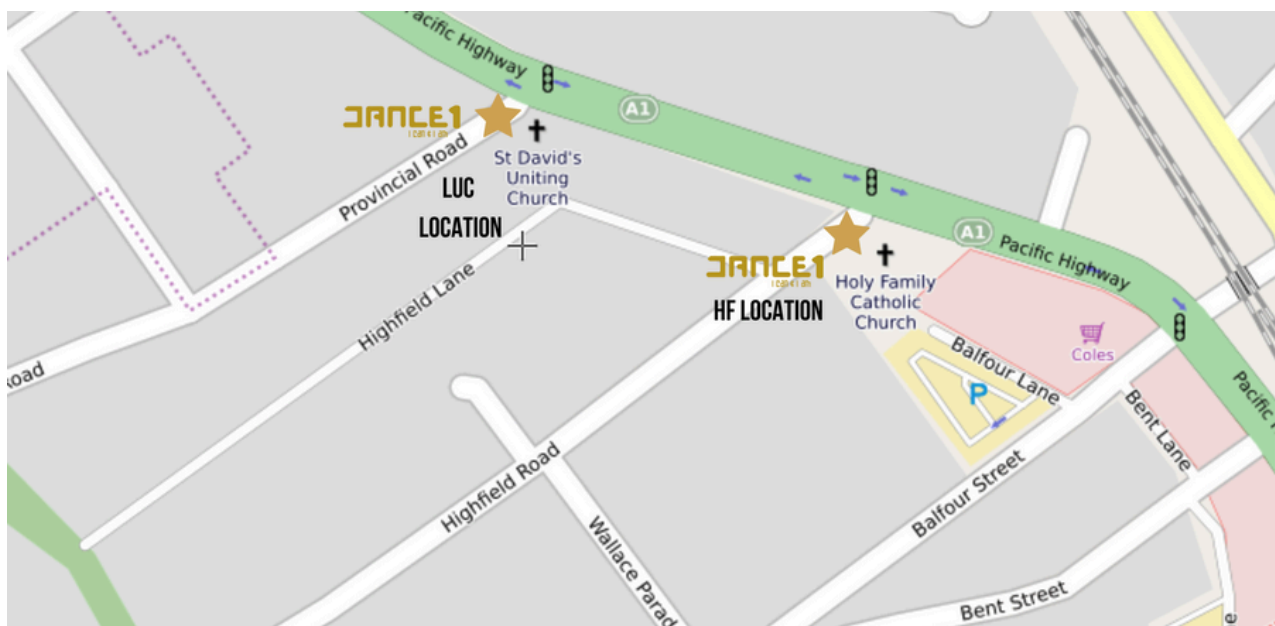
Toilets and Change Rooms are also located within this building & may be locked for security reasons. Please ask the D1 staff member on duty for the key if required.

The Studio and the Hall are connected by an undercover walkway and waiting areas.

PARKING

On street parking for DANCE1 Adults and students is available on Provincial Road. Parking on the Pacific Highway is allowed before 3pm and after 7pm.

Parking is also permitted in the church car park with access from the Pacific Highway (travelling towards Killara). Turn left into the third driveway BEFORE the corner – parking on the grass and in front of the cottage IS permitted as this is all church property. Please be respectful of other cars when using this parking.



SHOES & ATTIRE

For our Adults we recommend wearing comfortable athletic attire – think leggings & a form fitted top (nothing that is going to be too restrictive when moving around a lot!).

SHOES

JAZZ: Dancers are encouraged to wear comfortable shoes (such as supportive runners) or Jazz shoes (black in colour). Most of our regulars choose to start classes in sneaker style shoes & may purchase Jazz shoes if suitable for themselves. Please be aware that bare feet or socks are NOT to be worn in classes.

TAP: Tap shoes (black) are highly recommended to get the most out of each class. Sneakers or runners are also suitable to begin with. Dancers may choose to wear buckle-up shoes OR lace-up.

Shoes can be purchased at any BLOCH store (OR via DANCE1 Shoe Fitting Sessions which take place in February).



PICTURE: Jazz Shoes



PICTURE: Tap Shoes.

(L): Lace-up

(R): Buckle

DANCE1 TERMS & CONDITIONS

ENROLMENT TERMS

1. Classes will fill up on a **FIRST IN BASIS** so please return your Enrolment Form as soon as possible to secure your placement. You will then receive confirmation of your Enrolment and your Term 3 Invoice to the email address provided on the Enrolment Form.
2. Class placements can only be secured with **payment AND a completed 2025 Enrolment Form**. 'By Term' payments must be paid for in full to secure class places. Those wishing to attend casual will still be required to pay 2025 Membership Fee to reserve a casual place in their desired class.
3. Enrolment will automatically rollover each term unless otherwise notified. You can amend your enrolment at any time by written notice to the DANCE1 Office. If withdrawing from your class, TWO WEEKS notice must be given. Without written notice, class places will still incur the charge as long as the spot is held.

FEE STRUCTURE

4. Adult classes are considered 'tuition only' and can be paid upfront (BY TERM) or casually (on a week to week basis). Please refer to page 3 for more information about payment options.
5. There is a one-off additional \$30 Membership Fee payment that will appear on your Enrolment Form. This non-refundable fee covers you for additional services such as music licensing, insurance and all the extra sparkle that DANCE1 delivers.
6. In 2025, filming of classes by students will NOT be permitted. Dancers are welcome to film themselves after class using the space OR may ask the teacher to film for them. Please be aware of the strict filming guidelines (as outlined on Page 5).

DANCE1 is offering Adult dancers the optional BAND annual subscription. While not compulsory, this app comes tried and tested by our existing Adult dancers & is sure to make at home practising much more fun! The \$30 fee covers each DANCE1 family for an entire year's subscription to BAND (regardless of the number of dancers or classes). Make sure to TICK this option on your 2025 Enrolment Form if you wish to have access to all class content!

PAYMENT TERMS

7. DANCE1 accepts payment via card (including credit cards, debit cards or prepaid) and direct deposit. Cash and cheques are no longer accepted.
8. All card payments will incur an additional 1.8% fee. This will appear on your invoice as a 'Service Fee' from our provider, Stripe. Direct Deposit into the DANCE1 Bank Account is still an option which does not incur additional fees.

DANCE1 TERMS & CONDITIONS

9. In the event of a forced shut down, DANCE1 will be unable to provide refunds or credits for classes missed or enrolments cancelled as a result. We offer a fabulous, detailed and comprehensive online product which embodies our studio values.
10. To ensure fairness for all, DANCE1 does not reduce, refund or credit fees for classes missed for reasons including but not limited to, sickness, holidays, religious events and family occasions. Adult classes are offered make-up classes, however only for BY TERM payers. In this instance, make-up classes must be completed during the relevant Term and **will not** be carried over into the following Term.

Casual Adult classes must be paid in advance of the class. Any missed classes will still incur the \$35 class fee. Casual classes are not eligible for make-up lessons.

When enrolling, we ask that all Adults consider their attendance options & the payment schedule that best suits their needs.

END OF YEAR CONCERTS

11. Our end of year concerts are an exciting and enjoyable experience for all students, celebrating a year of hard work, but are not compulsory. The DANCE1 Office will outline the requirements of concert participation in 2025, and Adults will need to confirm their participation in Week 1, Term 3. Adults wishing to participate in weekly classes will still have the opportunity to learn and master the routine (just without the added pressure of performing on stage).

Concert costumes and associated fees are a separate payment to Adult class Term fees.

12. Due to the overseas ordering of costumes, Adults will only have until Week 1, Term 3 to confirm their participation. After this time, new enrolments will not be able to be a part of our concerts BUT welcome to come along and see all the sparkle from the audience perspective.

COMMUNICATION

13. DANCE1 communicates all important updates, event details, and announcements exclusively through electronic means (email, text messages, or social media channels). We are committed to providing timely and accurate information to keep you fully informed about studio news and events. While not all news will be relevant to our Adults, our weekly communication does outline important information such as Term dates or class changes.

We strongly recommend monitoring the weekly communication for any details relevant to your Adult class.



DANCE1
I can & I am

DANCE1

TWO LOCATIONS IN LINDFIELD

Holy Family Catholic School
2-4 Highfield Rd
Lindfield NSW 2070

Lindfield Uniting Church
454 Pacific Highway
Lindfield NSW 2070

1300 855 455
www.dance1.com.au